2009 Higher Ground Softball Camps

YOU Will Get Better Every Day!

* Elite, Advanced, Intermediate, and Basic * Individual, Team, Custom * * SELECT CAMP for Elite Skills * SUPER CAMP for Advanced Skills *

Details, Forms, CAMP VIDEO, & What YOU Say About Us - www.highergroundsoftball.com

GENERAL INFORMATION

• The International Softball Federation, International Sports Group, the United States Air Force, and many international federations have used Higher Ground services. Higher Ground has conducted activities in approximately forty states, plus Argentina, Austria, Azores, Canada, China, Cuba, Czech Republic, England, Germany, Greece, Ireland, Italy, Netherlands, Norway, Panama, Puerto Rico, Scotland, Slovakia, Sweden, U.S. Virgin Islands, and Zambia. In addition, Sports Illustrated for Women recognized Higher Ground as the top softball camp program in America. We can help you achieve skills needed at the highest levels of the game or get you started with basic skills.

The people I met, and things I did at camp have changed my life. I have become more confident, a better listener, and I can deal with people much easier. The coaches treated me as an adult and I grew from those experiences. Higher Ground inspired me to go for it all. I know I will fail, but I have learned to accept failure. We can only learn from our mistakes to become better. Not only did softball camp encourage me to succeed on the field, it also encouraged me to succeed in the classroom. To play college ball you have to have excellent grades. Looking back, Higher Ground Softball has shaped me into the player that I am today. I can still picture the stadium where I met my best friends, where I learned about the game, and where I became a better person.

- Camps are designed based on *age and skills*. Please note minimum ages in list of sites. Our staff will adjust teaching based on factors noted in each group and at each site. We are happy to help you pick the right camp for player needs.
- *Campers should bring* practice clothing, glove, personal bat and helmet (if available), catching equipment (if catcher), water or sports drink, and sunscreen. For Day Camps, bring sack lunch and beverage. All meals for resident campers are provided at SUPER CAMP & SELECT CAMP, with an optional meal plan for commuter/day campers. Campers will receive a free camp T shirt. Additional souvenirs and instructional materials are available at all camps. Optional private lessons or elite visual testing may be offered at specific camps for an additional fee.
- Our camps provide you a superb learning environment and you learn that *attitude* is an important part of success. You will learn to enjoy softball, develop **confidence**, and improve **skills**. We expect good attitudes and will not allow any camper to hinder other campers' enjoyment. Serious or continued misbehavior may result in expulsion without refund.

Top Instructors

Higher Ground camps are recognized for *first-class*, *innovative instruction*, utilizing many of the *top instructors in the world of softball*. Our camps are known for teaching *physical*, *mental*, *and visual skills*, strategy, plus personal prevention and correction of skill problems. You'll use instruction, drills, and games so that you can understand and use, under game conditions, what you see and hear. We provide the serious travel team players or college bound athletes what they need to reach the highest elite skill level, and we help the basic or intermediate player improve skills so they play better and have more fun.

Through our network, we bring you instructors who know how to *teach* and *motivate* personal responsibility in softball players. We design instructional sessions appropriate to challenging athletes while making practice and games fun. We use many *U-Pick sessions*, so players can choose which topic to attend. Our staff will help players learn how to *Get Better Every Day*. See www.highergroundsoftball.com for extensive list of past instructors.

The Founder/President of Higher Ground is *Bobby Simpson*, former Head Coach of the British National Team (Gold Medal Winners of the 2004 Olympic Test Event in Athens, Greece), former assistant coach for the Dutch and Greek

National Teams, producer/instructor for over 50 instructional videos and DVD's, and veteran of hundreds of clinics, many of which have been in foreign countries. Other *instructors* used at our camps and clinics have included Olympians, college coaches, top high school and amateur team coaches, professional softball players, college All-Americans, and even Major League Baseball managers and coaches. *Bottom line - We bring you highly qualified instructors internationally acclaimed for their ability to teach and help players improve.*

Camp Fees	Pre -Register	On Site
1 Day at Day Camp	\$ 60.00	\$ 70.00
2 Days at Day Camp	\$110.00	\$120.00
3 Days at Day Camp	\$150.00	\$160.00
6 Day SUPER CAMP/Day-Commuter	\$295.00	
6 Day SUPER CAMP/Resident	\$445.00	
6 Day SELECT CAMP/Day-Commuter	\$325.00	
6 Day SELECT CAMP/Resident	\$495.00	
Team Camp (Instructional Fee/Per Player) \$120.00	

^{* 2008} Coaches Award winners may attend a Day Camp (3 days) or Team Camp at no charge, or receive a \$175.00 discount at a Resident Camp.

We strongly encourage registration as early as possible. Some camps have enrollment limits.

** I had an awesome time, even though I was worn out when it was over. Now I have PASSION for softball. Player

SUPER CAMP & SELECT CAMP (Watch online Camp Video)

Our trademark resident camps are designed for both area commuters and overnight resident campers. We provide *top quality, cutting edge, and innovative advanced and elite instruction for serious softball players who want to excel.* We teach players to understand, practice, and perform at the highest levels of softball. We encourage personal responsibility and proper work ethic in maximizing mental, visual, and physical skills. Both camps employ top staff, fully utilize U-Pick choices of topics (typically 5-7 per hour), allow a player to select from a buffet of skills or specialize, and teach players how to **get ready for the highest levels** of college, international, or professional softball.

We lodge players at a *quality hotel*, located close to South Commons (an internationally acclaimed *2500 seat stadium* surrounded by seven additional world class fields), and bus players daily to practice and games. Campers may select roommates (typically four per room). If available, you may request two per room for an additional fee.

Both Higher Ground and hotel staff provide security and supervision. Our instructors are assisted by a staff of Coaching Assistants, who help with supervision, equipment management, as well as camp and instruction logistics (Contact us if interested in being one of our limited number of Coaching Assistants). Players are expected to behave and may be sent home if violating camp rules. Parents also assume responsibility for any damages. The camp is well supervised, a terrific learning experience, and fun. Meals are provided at the hotel and local restaurants.

The **SELECT CAMP** is available to any player 14 or older who has excelled in earlier camps or been highly recommended by respected softball coaches. It is strictly **by-invitation- only**. If you do not receive an invitation, but you have a **high skill level** and a **serious desire to play college softball**, contact us to discuss this opportunity. This camp is enrollment-limited based on age, skill, and recommendation.

The *SUPER CAMP* is available to any player 12 or older who is **prepared to learn advanced skills**. This is a personal decision for the camper and her family, but we will be happy to discuss this with you and make sure that the camper is in an appropriate setting. Typical campers are involved in travel/tournament play and have played for several years.

These two camps have attracted players from over 30 states and also included players and staff from Australia, Canada, Great Britain, Germany, Holland, Italy, and New Zealand.

^{*} Day Camp fees are due at the time of registration.

^{*} Registration for the SUPER or SELECT Camps requires a minimum \$175.00 deposit, with all fees paid at least one week prior to the camp.

^{*} Team Camp requires \$350.00 team deposit that is later deducted from total fees due.

^{*} Fees may be refundable for sufficient cause, with the possibility of a reasonable administrative fee being retained by Higher Ground. We have a solid reputation for fairness in regard to individual situations and refunds.

^{*} To minimize camp fees, accident insurance is a personal camper responsibility and required for all campers. Please include copy of insurance card with registration.

Camp check-in is at the hotel on Sunday from 2:00-3:00pm. The camp ends on Friday at approximately 12:00 noon. Instruction for both commuters and overnight campers begins after Sunday registration and typically is from 9:00am-9:00pm, with appropriate breaks. Commuters may leave for meals or purchase meal tickets. *We are happy to accommodate players who must check in late or check out early due to tournaments, team practice, or other conflicts.* We also will provide free local airport transportation.

Players will leave these camps with better skills, increased confidence, stronger work ethic and enthusiasm, and be able to perform better in the arena of real games.

DAY CAMPS

Higher Ground has scheduled a number of sites for summer day camps. This is frequently expanded, so please check our web site or contact us for the most current list.

Day camps are conducted each day from **8:00am-4:00pm**, with each day providing basic, intermediate, and advanced instruction for a specific skill. One day is designated for pitching, one for other defensive positions, and one for hitting. Instructors consider skill levels and adjust topics and depth of instruction based on skills. For specific sessions, players may be divided into separate groups, based on age and/or skills. The sessions will be designed to develop players who can perform better in games, with *Reality Based Training*.

Please *check in* on the first day of attendance by at least 7:30am, so you can start on time. Remember appropriate equipment, water or sports drink, and sack lunch. We adjust sessions for inclement weather, so plan to attend.

TEAM CAMPS

Our team camps are well attended each year by *high school varsity, junior varsity, middle school, and travel teams*. We provide high-level instruction and game opportunities, with teams pooled according to skill and age. The camp starts with two games per team on Sunday and ends on Thursday with single-elimination tournaments for each group. Monday through Wednesday include three **morning U-Pick instructional sessions** each day and two games per day per team. **Each team is scheduled to play a minimum of nine games during the camp.**

The individual player fee of \$120.00 will provide for instruction, T-shirt, handouts, and a free pizza party during the camp. Lunch may be provided at specific sites. Teams will make their own arrangements for lodging, meals, and transportation. We will be happy to provide information on local motels. <u>Camp registration by June 10 is preferred.</u> We encourage fees to be paid in advance, but they may be paid on site, if more convenient. A school or team check is preferred.

Approximately 130 different schools and organizations have attended past camps. It is an ideal way to get quality instruction, terrific game opportunities, and for players and coaches to develop the team chemistry necessary for success. Teams are asked to check in at the camp facility at least one hour prior to your first game on Sunday.

Higher Ground will mail a complete packet to interested teams.

** None of our players have stopped talking about the great experiences and new friends they met. All the girls made us promise to make your camp an annual trip. Coach

*** COLLEGE SOFTBALL PREPARATION ***

Higher Ground is widely recognized for its preparation of skilled players for college opportunities. You learn the mental, visual, physical, and emotional skills needed at the highest levels. We have solid sessions to assist you in skill development needed so that the exposure to college coaches is what it needs to be. You will learn what college coaches look for, the recruiting process, what college softball is really like, and how to make this experience joyful and rewarding. The key to true success at the college level is the development and proper use of mental, visual, and physical GAME SKILLS and Higher Ground is a world leader in helping you develop those skills. We use Reality Based Training so that the skills you develop can be performed under real game conditions. We will help you with skill development, exposure, and school selection. Contact us for help in attending the right camps.

** Our daughter received and accepted a softball scholarship from (strong DI school) on Monday afternoon. We want to thank you for making this possible. It was that first camp with you many years ago when she was the smallest kid there that started her on this dream. Thanks again to you and your staff.

Father of Camper

2009 Higher Ground Camp Opportunities

Additional sites are pending. Please contact us or check the listings on our web site to get the most current list.

May 29-31 Bethel, ME Customized Day Camp - Contact For Details

June 8-10 Dublin, GA Day Camps (Ages 8-18) Mon - Pitching; Tue - Defensive Positions; Wed – Hitting. Attend any combination of days...All skill levels.

June 8-10 Ocoee/Orlando, FL Day Camps (Ages 8-18) Mon - Pitching; Tue - Defensive Positions; Wed – Hitting. Attend any combination of days...All skill levels.

June 21-26 Columbus, GA *SUPER CAMP* This is an *Advanced Skills* camp for players 12 and older. Commuter and Residence options available. **CAMP VIDEO** at *www.highergroundsoftball.com*

June 21-26 Columbus, GA *SELECT CAMP* This is an *Elite Skills* camp for selected players 14 and older and *By-Invitation-Only*. Players and staff from over thirty states, plus Australia, Canada, Germany, Great Britain, Holland, Italy, and New Zealand have attended our *SUPER/SELECT Camps*. Commuter and Residence options available. Contact us to be considered. **CAMP VIDEO** at *www.highergroundsoftball.com*

July 5-9 Dublin, GA Team Camp - See Team Camp section or contact for details.

July 5-9 Tifton, GA Team Camp - See Team Camp section or contact for details.

July 12-16 Anderson, SC Team Camp - See Team Camp section or contact for details.

July 12-16 Covington/Atlanta, GA Team Camp - See Team Camp section or contact for details.

Higher Ground Softball Camps

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2009 SOFTBALL CAMPS

- **&** Elite
- **❖** Advanced
- **❖** Basic/Intermediate
- * Team
- * Custom

Watch Exciting Camp Video www.highergroundsoftball.com REGISTER NOW